

Power Up with the District 24 Fall Conference

October 9 and 10, 2009 Mahoney State Park, near Ashland Nebraska

A note from your trio:

Welcome to the Fall District Conference. Your attendance makes all the difference. You will be able to meet new friends, rekindle old acquaintances, and learn much. The conference team has put together a exceptional group of presenters and special guests.

Additionally, we want to thank AG Processors (West Dodgers), Werner Trucking (On Time Delivery) and State Farm (Good Neighbors) for their extra help with the registration package donations.

We look for forward to **Energizing You** during this fun event.

Elden, George and LuAnn

Credentials Desk: Please make it a priority to stop by the credentials desk and exchange proxies for ballots. We need to have a quorum for the business meeting. Floy Westermeier is serving as Credentials Chair.

Raffle items: Opportunities abound to help us support the educational fund. Donated baskets and even a quilt will be available. Purchase your raffle tickets and help us provide you with exceptional programs. Kim Spicka is serving as our Educational Fundraiser Coordinator.

First Timers: You'll get a ribbon that entitles you to be first in line during the meal times and even first in line in the bathroom. Look for Sheri Wells-Chesley who will have a fun game for you to participate in.

Featured Guests and Speakers:

Lyle Appleyard, DTM, International Director Region IV, Toastmasters International

Lyle loves Toastmasters so much that he belongs to 4 clubs! He has been a member of Toastmasters International for more than 20 years and used his skills to serve in a number of leadership roles over the years. He is a second year International Director and truly understands the organization. Lyle is the go-to guy for learning more about the future of Toastmasters International.



When not at a Toastmasters meeting he enjoys a number of hobbies including coin collecting, reading and woodworking. Lyle lives in Stonewall, Manitoba, Canada.

Jim Key, 2003 World Champion of Public Speaking

Jim Key comes from a background in computer technology, sports, leadership, music, and public speaking. Jim's volunteerism and information technologies background converged in 1996, as he brought much-needed automation to a national youth development program. His efforts led to an invited position of serving 6 years on the national steering committee for this youth program, and to a cutting edge computerized solution that is still in use today. Additionally, participation in the program more than quadrupled during those 6 years of Jim's influence and involvement.



Simply put, Jim is a difference maker. He believes in unapologetically pursuing excellence, without reservation. The reason he founded The Pure Excellence Initiative (www.pureexcellence.net) is to enable others to do likewise. This passion for excellence enabled and drove him to become an award-winning speaker. Reaching the finals of the World Championships of Public Speaking an unprecedented three consecutive times, Jim set an unparalleled mark for continued presentation excellence on his way to becoming the 2003 World Champion of Public Speaking.

Jim always speaks from his heart directly to the hearts of the audience members. His presentations include examples to which everyone can relate, as he blends everyday humor with messages of gravitas to produce programs that yield results. You can expect his uplifting message to inspire your people to higher levels of achievement in your organization. Learn more at www.jimkey.com.

Thomas Lindamen, District 19 Lt. Gov. Education & Training

Thomas has been a Toastmaster for 10 years. He is the charter member of two clubs: his home club Stagecoach Speakers in West Des Moines, Iowa, and Franklin Toastmasters in Des Moines, Iowa. Thomas has been active on the speech contest circuit, even being one of the 10 finalists for the 2006 World Championship of Public Speaking. He is currently focusing on the leadership track of Toastmasters and is District 19's Lt. Governor of Education and Training this year.



Louis Lester, DTM, Division E Governor

Louis is our Friday Fun Night Coordinator. He'll get you powered up and ready for a great weekend. As a member of two clubs, OPPD 455 and the Advanced Omaha Club, you can say that Louis is really passionate about Toastmasters. An engineer by trade, you will recognize Louis by his trademark pocket full of ink pens. (He gave up the slide rule when he graduated from college.)

Anita Lewandowski Brown, DTM, PDG

Mother of three, grandmother of nine and Sr. Training Analyst at the Principal Financial Group, Anita Lewandowski Brown has managed to balance her family and career and still find time to devote time, service and leadership to her church and community. She owns and operates MirroredWindows.com, on-line art gallery with husband Ralph Brown, whose work and products are exhibited there.

Anita currently serves on the Boards of Directors for the Multicultural Coalition and the YWCA in Grand Island and is a graduate of the NE State Chamber's Leadership Nebraska class. She is past President of the Board of Directors for Central Plains Red Cross, Heartland United Way and Citizen Advocacy.

Anita has been recognized as Hall County Leadership Tomorrow Alumni of the Year in February, Hero of the Central Plains American Red Cross-Community Impact award, Big Sister of the Year, YWA Woman of Distinction, United Way President's award winner, The President's Gold Volunteer Service Award and others. She has earned the credential of Certified Professional in Learning and Performance (CPLP) from ASTD and, of course, is most proud of her DTM designation and of having helped charter the Toastmaster club at the Tecumseh State Correctional Institution.

LuAnn Anglo, ACS, Lt. Governor Marketing District 24

LuAnn is a member of two Toastmasters clubs in Omaha, RealTalkers and West Dodgers. She joined Toastmasters International in September 1999.

LuAnn served as an Area Governor from July of 2006 through June of 2008 and Division D Governor of District 24 from July 2008 through June 2009. Under her leadership, Division D achieved the distinction of President's Distinguished in 2008-09. LuAnn is currently serving District 24 as the Lt. Governor of Marketing.

Rick Meyer

Rick uses human perspective and real-life experiences to share the true foundation of athletics and human performance. During his uplifting presentations, Rick connects these examples to ways to create success in our daily lives, sending listeners away with the ability to "imagine greatness."

Growing up on a Kansas farm, Rick has a wide breathe of experiences to share with fellow Toastmasters. He earned his agronomy degree at Kansas State University and has been busy ever since. Rick has competed in over seven hundred and fifty races, including the Boston and the New York City Marathons and has ran over 103,000 miles. He has mentored dozens of All-American athletes, assisted, and trained under the direction of two Hall of Fame coaches. And when Rick wasn't running, he was speaking. In 2008, he took home the trophy as the winner of the District 24 International Speech Contest. Learn more about Rick at: <http://www.rickemeyer.com>.

Diana Liska

Diana Liska is a licensed attorney with over 20 years of public speaking experience. During her career, she has worked both in the virtual and real world on issues related to social networking. Currently, she is a Regional Compliance Manager for Wal-mart with responsibilities for regulatory reviews, teaching and training. In her spare time, she watches funny cat videos on YouTube with her Fairy Princesses (daughters) Emily & Kat.

Bill Cashell, ATM

Bill Cashell is an award-winning speaker, trainer and author. He has received over 40 awards from Toastmasters International including being a 5-time Toastmasters District 24 speaking Champion and Region IV presenter. He is a former corporate trainer for First Data Corp and US West Communication and a former teacher at Iowa Western Community College.

Bill is a member of the National Speakers Association of Nebraska, the American Society for Training and Development has been an active member of Toastmasters International for more than 25 years.

Bill is an expert in Human Behavior and Peak Performance. He is certified in Hypnosis and Neuro Linguistic Programming. His presentations are inspiring, informative and will leave your listeners wanting more. Learn more about Bill at www.communicate4success.com.

Sheri Wells-Chesley, ACB, ALB, Division D Governor

Sheri Wells-Chesley has been member of a Small Talkers Toastmasters club for 3 years. She also participated and held officer roles in the "Merry Toasters" Toastmasters club while at College of Saint Mary for 4 years. Sheri has served in various officer roles in the Small Talkers club as Secretary, VP of Public Relations, VP of Membership and VP of Education. In 2007-2008 she received the Outstanding Club Officer award for Vice President of Public Relations for Small Talkers. In 2008-2009, Sheri served as the Area 32D Governor. She is a charter member of the ConAgra Foods corporate club and served as their club mentor. Sheri also participates in demonstration meetings for potential new clubs in District 24. Currently, she is honored to serve District 24 as the Division D Governor.